



Your pet has recently been diagnosed with Chronic Kidney Disease (CKD). The International Renal Interest Society (IRIS) has created a staging protocol for guidance in testing and treatment for your pet. Please see the following link for more information:

http://www.iris-kidney.com/education/what_pet_owners_should_know_ckd.html

Based on IRIS protocols these are current recommendations for your pet:

STAGE 1

- Discontinue potentially nephrotoxic (kidney damaging) drugs if possible.
- Make sure your pet has access to fresh water. Hydration is very important.
- Schedule an appointment to measure blood pressure.
- Bring a urine sample or schedule an appointment for urine collection for urinalysis and urine protein/creatinine levels. If your pet is experiencing protein loss in the urine there are medications to help with this.
- Recheck blood pressure and kidney blood values every 3-6 months based on doctor recommendation.

STAGE 2

- All of Stage 1 recommendations plus:
- Consider transition to a prescription renal diet.

STAGE 3 AND 4

- All of Stage 1 and 2 recommendations plus:
- Consider fluid therapy. Either IV in hospital or subcutaneous (SQ) in hospital or at home. Your doctor will discuss each option.
- Consider supportive medications such as anti nausea drugs, appetite stimulants, phosphate binders, medication for anemia. Your pet's doctor will provide guidance on these options.

The staff and veterinarians of Lexington Pet Clinic are here to help guide you through this diagnosis for your pet. Please let us know if you have any further questions or concerns.